



# PATH OF THE MYSTIC:

EXPLORING TANTRA AND NON-DUALITY WITH  
**NISHANTH SELVALINGAM**

**April 23<sup>rd</sup>- 29<sup>th</sup> 2025**

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## SCHEDULE OF TALKS

### WEDNESDAY - APRIL 23<sup>rd</sup>

- 5:00 PM - Tea with Nishanth, a casual chat for interested devotees  
6:00 PM - Aarati in Chapel

### THURSDAY - APRIL 24<sup>rd</sup>

- 5:00 PM - Tea with Nishanth  
6:00 PM - Aarati in Chapel  
7:30 PM - 9 PM - Introduction to Tantra: Historical Survey of where Tantra came from- Part 1 ( In person and Zoom)

### FRIDAY - APRIL 25<sup>th</sup>

- 5:00 PM - Tea with Nishanth  
6:00 PM - Aarati in Chapel  
7:30 PM - 9 PM - Introduction to Tantra: Historical Survey of where Tantra came from- Part 2 ( In person and Zoom)

### SATURDAY - APRIL 26<sup>th</sup>

- 10:00 AM -11:00 AM - What is Tantra, Why is it a Secret and The Most Esoteric Teaching  
11:00 AM -12:30 PM - Part 1- Tantra in Practice : The Four Upayas and guided meditation from Vijñāna-Bhairava Tantra)  
12:30 PM - 2:00 PM - Potluck Lunch  
2:00 PM - 4:00 PM - Part 2: Tantra in Practice: The Four "Upayas" and more guided meditations from Vijñāna-Bhairava Tantra) and Q and A on topics covered so far.  
4:00 PM - 5:00 PM - Break and Prep for Puja  
5:00 PM - 7:00 PM - Kali Puja, Aarati, Kirtan

### SUNDAY - APRIL 27<sup>th</sup>

- 10:00 AM -10:45 AM - Kirtan  
11:00 AM - 12:30 PM - Tantra in the Life of Sri Ramakrishna" talk followed by Q and A  
12:30 PM - 2:00 PM - Potluck lunch  
6:00 PM - Aarati, silent meditation  
7:00 PM - 8:30 PM - Further Q and A on Topics covered or a talk TBD

### MONDAY - APRIL 28<sup>th</sup>

- 5:00 PM - 6:00 PM - Tea with Nishanth  
6:00 PM - Aarati  
7:30 PM -8:30 PM - Differences and commonalities between Kashmiri Shaivism and Advaita Vedanta

Nishanth Selvalingam was initiated into Shaiva Tantra by his grandfather in Kuala Lumpur, Malaysia. His grandfather was a realized practitioner of the tradition who spent his days in prayer and contemplation in an ashram next to Nishanth's house; most of his education in Shaiva Tantra was from the example of his grandfather.

In 2016, Nishanth moved to Los Angeles to study philosophy and play guitar in a rock band. When his grandfather left the body in 2020, Nishanth started teaching Tantra to spread the empowering message of the tradition. Currently, he creates content on TikTok, Instagram and YouTube and holds classes four times a week in person and online on all things Non-Duality, Tantra and Yoga in the light of Sri Ramakrishna. He is a disciple of Pujya Swami Sarvadevanandaji, the minister of the Vedanta Society of Southern California.

Everything that he does is merely an offering to the lotus feet of his guru, the embodiment of Sri Ramakrishna.

