

**CRACKING CONSCIOUSNESS**  
CURRENT AND CLASSIC APPROACHES  
with Pravrajika Vidyaprana

Vedanta Center of Atlanta  
Weekend Retreat - January 26-28, 2018  
Introductory Talk on Friday at 7-8pm, followed by Potluck Reception  
Saturday Workshop: 10am - 4:30pm (lunch break from 12:30-2pm)  
Sunday Talk: 11am-12pm

While mainstream science remains materialist, a substantial number of prominent physicists are supporting and developing a paradigm based on the primacy of consciousness, which is what the great wisdom traditions have maintained for a very long time.

In this retreat we will briefly examine the difference between metaphysics, mysticism and mysteriousness as a jumping off point to expose the most cutting edge scientific progress in consciousness studies. We will revisit the formulation of the composite self, which is usually deemed problematic for spiritual unfoldment. Then, with the help of some simple exercises, we will show how the true, non-dual Self may be accessed.

Returning to physics, we will show how scientists are, finally, seriously approaching the 'hard question' of consciousness. To do this we will have to go back to the roots of this study which go deep into ideas expressed by 20th century physicists. And one physicist in particular who straddles both physics and Vedanta.

Finally we will return to our native starting point (Vedanta) and include perspectives by many of the wisdom traditions of Indian origin. These traditions all agree that pure consciousness is accessed by dismantling the composite, empirical self and everything that is associated with it in order to 'experience' the All, the Ultimate Reality, which we truly are.

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Sunday's 11am lecture will be entitled: ***Worthiness and Value***