



VEDANTA

CENTER OF ATLANTA

"Truth is one; sages call it by many names." – Rig Veda

Calendar for May 2015

Regular Activities

EVENING ARATI

Daily except Sundays, 6-7pm
in the Chapel. Arati worship and silent meditation.

SUNDAY MORNINGS

SILENT MEDITATION, 10:30-11am

TALKS, 11am-12pm

*May is a month for the study of **Bhakti Yoga***

May 3 - "The Energizing Power of Vedic Spirituality"
w/ Swami Brahridayananda

May 10 - "Unity: The Last Step in Meditation"
w/ Swami Brahridayananda

May 17 - "Abstraction, Form and Meditation"
w/ Steven Gold

May 24 - *No Talk - Buddha Puja & Potluck*
See special events at right ...

May 31 - "Integration of Bhakti & Karma Yoga"
Open Forum

CONTINUING FELLOWSHIP, 12-1:30pm
Coffee, tea, snacks and holy company, following the
talk, in the Monastery. Please join us!

WEEKLY CLASSES

Monday, 8-9pm

- *Narada's Bhakti Sutras*, led by Br. Shankara

Tuesday, 8-9pm

- *Gospel of Sri Ramakrishna*, led by Br. Shankara

Wednesday, 8-9pm

- Sw. Prabhavananda's *How to Know God*, peer led

WEEKLY CLASSES continued...

Thursday, 8-9pm

- Yoga Vasistha Sara (Advaita Vedanta) - Swami Sarvadevananda's *Nectar of Supreme Knowledge*, led by Br. Shankara

Saturday, 11am-12pm

- Jnana Yoga class has concluded. We'll meet & discuss spiritual topics for 3 weeks; then we'll begin Swami Ranganathananda's *Divine Grace* (Karma Yoga) on June 13th. Peer led.

Special Events & Programs

Seva Saturday

Saturday, May 9th, 10am-2pm

Meditation Talk & Workshop w/Steven Gold

Sunday, May 17th, 1:15pm-3:15pm

"A Foundation for a Fruitful Meditation Practice: Science of Breath/Pranayama/Relaxation – Theory and Practice" ... full details at vedantaatlanta.org

Buddha's Birthday Celebration

Sunday, May 24th, 11am

Prasad Potluck lunch to follow

Dhruva will be our pujari... come join in on this celebration of the Buddha's birthday!
Please bring food you wish offered to the Lord during the puja to the monastery kitchen no later than 11am.

Please visit our website for complete details about classes, programs and events.
2331 Brockett Rd, Tucker GA 30084 . (770) 938-6673 . www.vedantaatlanta.org